

# Littleton High



## Breakfast/Lunch • February 2010

### Prices

Student . . . . . \$2.75  
 Breakfast . . . . . \$1.50  
 Milk . . . . . \$0.50

Pancake on a Stick Cereal, Fruit, Yogurt Juice, Toast, Milk * Chicken Nuggets * French Toast Sticks	Waffle Sticks w/Saus. Cereal, Toast, Fruit, Yogurt, Juice, Milk * Egg Salad Sandwich * Turkey with Gravy and Mashed Potatoes	Biscuit Sandwich Cereal, Toast, Fruit Yogurt, Juice, Milk * Pizza Slice * Fish Sandwich	Breakfast Burrito Cereal, Toast, Fruit Yogurt, Juice, Milk * Pig in a Blanket * Grilled Ham and Cheese Sandwich	Cinnamon Roll, Cereal Toast, Fruit, Juice, Yogurt, Milk * Chicken Patty on a Bun * Mac & Cheese
Breakfast Pizza Cereal, Toast, Yogurt Fruit, Juice, Milk * Beef Taco Soft * Chicken Teriyaki Rice Bowl	Breakfast Burrito Cereal, Toast, Yogurt Fruit, Juice, Milk * Chicken Patty on a Bun * Corn Dog	Muffin, Cereal Toast, Yogurt, Fruit Juice, Milk * Pizza Slice * Deli Sub Sandwich	French Toast with Sausage, Cereal, Toast Yogurt, Fruit, Juice, Milk * Chicken Fried Steak Strips * Ravioli w/ Meatballs	Bagel Sandwich Cereal, Toast, Yogurt Juice, Fruit, Milk * Pizzata's * Grilled Cheese Sandwich
<b>No School                  Presidents                  Day!</b>	Waffle Sticks with Sausage, Cereal, Toast Yogurt, Fruit, Juice, Milk * Chicken Alfredo with Rotini * Bean/Cheese Burrito	Biscuit Sandwich Cereal, Toast, Yogurt Fruit, Juice, Milk * Pizza Slice * Chicken Fajita Wrap	Breakfast Burrito Cereal, Toast, Yogurt Fruit, Juice, Milk * Chicken Fiesta Rice Bowl * Popcorn Chicken	Cinnamon Roll Cereal, Toast, Yogurt Fruit, Juice, Milk * Chili * Pretzel with Cheese
Breakfast Pizza Cereal, Toast, Yogurt Fruit, Juice, Milk * Hamburger/ Cheeseburger * BBQ Drumstick	Breakfast Burrito Cereal, Toast, Yogurt Fruit, Juice, Milk * Hot Dog on a Bun * Mandarin Orange Rice Bowl	Muffin, Cereal Toast, Yogurt, Juice Fruit, Milk * Pizza Slice * Chicken/Cheese Quesadilla	French Toast with Sausage, Cereal, Toast Yogurt, Fruit, Juice, Milk * Spaghetti w/ Meatballs * Nachos w/ Cheese/Meat	Bagel Sandwich Cereal, Toast, Yogurt Fruit, Juice, Milk * Chicken Nuggets * Tuna Sandwich



Available Daily  
 for lunch  
 In addition to the  
 daily entree choice,  
 the following three  
 entrees are offered:  
 1 PBJ  
 2 Entree Salad

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 Lunch includes an  
 entree and a choice of  
 sides. A variety of milk  
 is offered.

Menus are nutritionally  
 balanced with a wide  
 variety of healthy  
 selections, including  
 fruits and vegetables.

Menu is subject to  
 change without notice  
 due to price and  
 product availability.



#### Purchase Lunch Credits:

Cash and/or checks through  
 your school kitchen manager!



**Take a Closer look at  
 the foods we eat...**

**Pasta is inexpensive,  
 Nutritious, and conve-  
 nient.**

**No wonder we love it!**

Americans on average,  
 eat about 15 lbs. of pasta  
 a year.

Our favorite pasta shape  
 is spaghetti, but there are  
 more than 600 different  
 shapes produced around  
 the world.

